**PHJC charism & Spirituality**

**Our Charism:** The charism and spirituality of our Foundress, Mary Katherine Kasper, are just as present in the PHJC Congregation today as they were at the time of the founding of the Congregation.

Thus “Urged by the serving love of God, the Poor Handmaids of Jesus Christ serve the poor, sick and needy whenever and wherever there is a need.”

**Our Spirituality:** The spirituality of the Poor Handmaids of Jesus Christ is centered in Mary, the mother of Jesus. Mary was completely open to the invitation of God and wanted only to fulfil His will. Like her, we say “yes” with the gift of our lives. Blessed Mary Katherine inspires us to be poor in the sense of our own nothingness and complete dependence on God’s providence.